

# ***Canterbury Tennis Club***

## **Using Changing Rooms Safely**



We have two changing/shower/toilet rooms (one male, one female) plus a toilet room for people with disabilities in the Indoor Centre. There is also a toilet in the Tennis Pavilion and more toilets and changing facilities in the Polo Farm Club House. All are available to all Tennis Club members.

To ensure safety for all members, especially children, we must follow the guidelines below:

- The LTA advises that adults and children do not use a changing room at the same time. The only exception is if they are the parent or carer of the child.
- If necessary, the disability toilet may be used. There are also toilets in other Polo Farm buildings and one in the Tennis Pavilion.
- Adults must use the changing room appropriate to their gender – even if they are players of mixed gender teams. Staff will help resolve any related issues.
- Due to the risks of inappropriate photography or filming, mobile phones must not be used in changing rooms.
- Older teenagers (16 plus) may not require supervision. If the junior member or parent has concerns they should alert a staff member who will advise and help
- If children are uncomfortable changing or showering at the Club, we suggest they come ready dressed for tennis and go home to change and shower.

For more information please contact:

[juniortennis@polofarm.org](mailto:juniortennis@polofarm.org)  
Indoor Tennis Centre – 01227 781505

Adult Club – [sharonchastang@gmail.com](mailto:sharonchastang@gmail.com)